

# Senior Infants/Term 1/Lesson 7

## What we're doing

- **Story:** Augustus and his Smile
- **Song:** Feelings
- **Conversation:** Have you ever lost your smile like Augustus? What feelings do we have within ourselves?
- **Worksheet:** Feelings Faces
- **Activity:** Emotion in music
- **Quiet time**



## At school

1. Listening attentively to the story.
2. Chatting with teacher and class about a time they may have lost their smile, and how they found it again?
3. Thinking about all the feelings we have deep inside us and the best way to express these feelings.
4. Singing about the feelings they encounter in their lives.

## At home

- Talk to your child about the different emotions they may feel and discuss how we can express these emotions. Explain that no matter how your child may be feeling, their family is always there for them.
- For parents of a faith tradition, talk about the fact that God is always with us, no matter how we are feeling.



## Why?

To help children appreciate their emotions as distinctly human.

Where appropriate, and with the help of the family, children become aware that divine presence is with them always, no matter how they may be feeling.



When we do things that make us happy we are excited and busy.

These are the things that make us smile.

When it is quiet time we sit quiet and still....