



For Parents: this week your child has been exploring the goodness of Autumn's fruits and veg. In particular they have been exploring the links in the food-chain from earth to table, so that they can more deeply appreciate the 'food on their plate'. As appropriate, they have been giving thanks to Mother Nature or to 'God of all Creation', through whose goodness we have the food we eat. You might like to pray/reflect on Autumn's goodness with your child, from the perspective of your own faith/belief tradition.