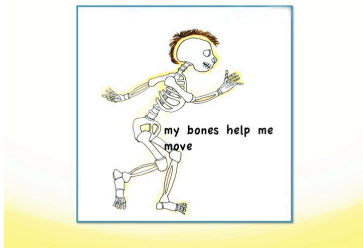


Senior Infants/Term 1/Lesson 4

What we're doing

- Story: 'Me'
- Song: 'I Am Special'
- Conversation: Bones, muscles, eyes ears, brain etc
- Activity: Playdough people
- Worksheet: Skeleton
- Quiet time



At school

1. Listening attentively to the story; to others.
2. Chatting about and exploring the body.
3. How our skeleton moves.
4. How our muscles work.
5. What keeps our brain safe.
6. Where our heart is etc.
7. Appreciating the body.

At home

- Talk to your child about the wonder of their body when they were a new baby and the wonder of it now.
- For children of a faith tradition, pray with your child, giving thanks to God for the wonder of their body as a baby and the wonder of it now



Why?

To develop, at a very basic and simple level, children's understanding and appreciation of their bodies.

For children of a faith tradition, to nurture their capacity to thank the divine source of their life and their body.



My heart keeps beating and my lungs keep breathing even when I am quiet and still.